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The Beyond Addiction Show **Archives Available**

January 3rd 2019: Is Addiction a Learning **Disorder with Maia Szalavitz**

There are many ways that people think about substance use disorders. Maia Szalavitz, author. speaker, and journalist who focuses on the treatment of substance use, suggests that addiction is really a learning disorder. She and I discuss her personal story of substance use, her research that led her to her conclusions about addiction, and her upcoming book about harm reduction.

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Featured Guest



Maia Szalavitz

Maia Szalavitz is the author of the New York Times bestseller, Unbroken Brain: A Revolutionary New Way of Understanding Addiction and author or coauthor of six other books.

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