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EMPOWERMENT



*Heal Past Wounds
and Bring Joy Back*



Andrea Lewis

**Heal Past Wounds and Bring Joy Back
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January 10th 2019: It Is Time To Bring Joy Back

Welcome to the first episode of Heal Past Wounds And Bring Joy Back. Have you wondered why you feel stuck in your relationships or career? Are you going through the motions? Do you feel tired and frustrated that you are not where you thought you'd be in life? Maybe you're seeking solutions, answers and insights in books, meditations and workshops. It's not that they're not helpful, you feel like something is missing and you're not exactly sure what that is. In this episode Andrea sets the foundation for a 13-week series of empowerment for women. She will shine light on what keeps you stuck in

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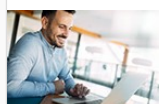
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