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Dr. Carole's Couch
Tuesday at 1 PM Pacific
July 23rd 2019: Swimming to Make Good in the World

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Tuesday at 1 PM Pacific Time
on VoiceAmerica Variety
Channel

Would you get up at 3 AM to travel to the ocean for marathon swimming practice before school (or work)? Not if you weren't as dedicated as Angel More, a 16-year-old World Champion swimmer, who swims astounding distances to raise money for positive global change for children. She's the spokesperson for Children International, a global humanitarian non-profit organization that helps children and their families escape poverty. Today we get up close and personal with Angel, as Dr. Carole asks about her childhood, her family, school and what drives her to take on such challenging feats. At age 2 sh

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Featured Guest



Angel More

Angel More is a 16-year-old World Champion swimmer and spokesperson for Children International, a global humanitarian non-profit organization that helps children and their families escape poverty. It's Angel's dedication to positive global change for children that keeps her afloat, swimming marathons, breaking records one after the other, and raising over \$58,000 for charity along the way. So far, she's swum the Santa Barbara Channel, Catalina Channel, Lake Tahoe and Alcatraz. She's the youngest person to complete the California Triple Crown of marathon swimming, a series of three open-water solo marathon swims. Angel says, "Swimming has been my passion... I'm so blessed to be able to use sw

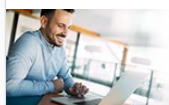
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