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HEALTH & WELLNESS



good grief

WITH CHERYL ESPINOSA-JONES



Good Grief with Cheryl Jones
Wednesday at 2 PM Pacific
October 23rd 2019: Waking in Havana

When Elena Schwolsky's husband was diagnosed with AIDS, the work she had been doing as a nurse for kids with AIDS suddenly came home. After he died, she wondered what would come next for her. The desire to find a way forward pushed her to take a chance on 6 months in Cuba, a place she'd felt a deep connection to ever since a visit in her twenties. She would go and work with Cuban people living with AIDS- in a new and unfamiliar environment with very different ways of addressing AIDS. In the sanitarium Cuba had created to curb the spread of AIDS, she found people she would come to love and care

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Featured Guest

Guest Image

Elena Schwolsky

Elena Schwolsky, RN, MPH is a nurse, community health educator, activist, and writer who spent a decade as a pediatric nurse at the height of the AIDS epidemic. She has trained AIDS educators in Cuba and Tanzania, and currently teaches community health workers in diverse urban neighborhoods in New York City.

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