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HEALTH & WELLNESS



# MEN'S THERAPY PODCAST

**Men's Therapy Podcast**  
**Wednesday at 11 AM Pacific**  
**April 2nd 2021: From Car Salesman to**  
**Psychotherapist**

When I first met Jeff at a group therapy conference I immediately felt a sense of kinship. I saw someone who had a no nonsense style and wanted to help people through tough conversations rather than enabling them. As a 2nd career psychotherapist Jeff found this work after being dissatisfied managing a Chevrolet dealership. He choose to walk away from a successful business and focus on something that meant more to him. In this episode we'll be talking about masculinity, narcissism, and bringing business know-how to the healing professions.



## Tune in

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Time on VoiceAmerica Health  
and Wellness Channel

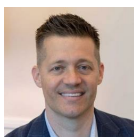
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## Featured Guest



### Jeff Grossman

Jeff's first job after college was the Business Leadership Program at Home Depot Corporate followed by a stint in the merchandising department. He then moved to Nashville to pursue a ten-year automobile career that led to managing the largest Chevrolet dealership in TN. He is now pursuing his 2nd career and passion as an individual, couples, and group therapist. His focus is helping individuals and couples in the areas of conflict resolution, communication, compulsive or addictive behavior, life transitions, and professional development.

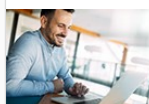
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