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Spiritual Help for Everyday Life Archives Available

Which role should we assign to spirituality in the 21st century? Is there still room for it? Or, don't we need help anymore in this area? Can we master life and its problems all by ourselves? Maybe it's even inappropriate to talk about spirituality in public, showing that one cares.

Spirituality is always confused with religion or being religious, but actually it has nothing to do with either, because it isn't tied to any specific creed. Truly spiritual people recognize a greater consciousness, a "heavenly power", so to speak, and they knowingly integrate this power in their daily liv

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