



Psych Up Live Thursday at 11 AM Pacific

Psych Up Live turns up your psychological perspective on life issues. With a wide variety of guests, Host Suzanne Phillips passes forward the latest in books, findings, and information relevant to your life and the world you live in. She explores topics as varied as family relationships, binge eating and violence on campus. In a conversational style, Suzanne and her guests translate the latest in psychology to exemplify ways of coping with child rearing, divorce, medical diagnosis, campus violence and social anxiety. She engages her guests with questions, often voicing her own thoughts or shar

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